

WELCOME TO FAMILY VISION CARE OPTOMETRICS !

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<p>Mr./Mrs./Miss Last _____ First _____ MI _____ Street _____ City _____ State _____ Zip _____ Home () _____ Date of Birth: _____ Work () _____ Age: _____ Sex: M F Cell () _____ E-mail: _____ Occupation _____ (if child, Employer _____ parent's employer) Spouse's Name _____ Spouse's Occupation _____ Work Phone: () _____ How did you hear about our office? Yellow Pages Sign/Building Friend or Relative _____ Insurance Plan Internet Do you currently wear glasses? Y N Contact Lenses? Y N Were they prescribed for: Distance Only Near Only Both Do you wear prescription sunglasses? Y N How many pairs of prescription glasses do you use? _____</p>	<p>Vision Plan (circle) VSP Davis MESC Other _____ Subscriber Name _____ Subscriber SSN _____ Subscriber Birthdate _____ Medical Plan(circle) Kaiser Blue Cross MediCare Other _____ Subscriber Name _____ Subscriber SSN _____ Subscriber Birthdate _____ Payment Type (circle) Cash Check Credit Card Do you participate in a Flex Spending Account? Y N Do you have children? Y N If yes, names and ages: _____ _____</p>
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OCULAR AND MEDICAL HISTORY

When was your last complete eye examination? _____ Who was your last eye doctor? _____

What is your primary complaint or problem? _____

Have you recently experienced any of the following: (**CIRCLE "Y"** for Yes or "**N"** for No for each item)

- | | | |
|---|--------------------------------|--|
| Y N Blur at distance | Y N Difficulty changing focus | Y N Flashes of light |
| Y N Blur at near | Y N Itching | Y N Floating spots |
| Y N Pain | Y N Burning | Y N Cloudiness or curtain in your vision |
| Y N Redness | Y N Dryness | Y N Poor night vision |
| Y N Frequent headaches (see back of form) | Y N Sandy or gritty sensation | Y N Halos around lights |
| Y N Double vision | Y N Excessive tearing/watering | Y N Glare at night |
| Y N Eye infection | Y N Light Sensitivity | Y N Momentary loss of vision |

HPI: Location Quality Severity Duration Timing Context Moderating factors Associated S/S _____

Do you have a current or past history of:

- | | | |
|----------------|-----------------|-------------------------------|
| Y N Eye injury | Y N Eye surgery | Y N Eye muscle imbalance |
| Y N Lazy eye | Y N Eye turn | Y N Eye Disease - Name: _____ |

When was your last complete **PHYSICAL** examination? _____ What is your doctor's name? _____

Do you or any of your blood relatives have a history of: (**CIRCLE "Y"** for Yes or "**N"** for NO in "SELF" column. If a blood relative has had that condition, indicate which relatives by: F=father, M=mother, GF=grandfather, GM=grandmother, U=uncle, A=aunt in "Relatives" column.

CONDITION	SELF	RELATIVES
	(circle)	
High Blood Pressure	Y N	Y N
Diabetes	Y N	Y N
Hardening of arteries	Y N	Y N
Heart attack	Y N	Y N
Stroke	Y N	Y N
Kidney or liver disease	Y N	Y N
High Cholesterol	Y N	Y N
Cancer (type:)	Y N	Y N

CONDITION	SELF	RELATIVES
	(circle)	
Heart disease	Y N	Y N
Thyroid disease	Y N	Y N
Joint disease	Y N	Y N
Glaucoma	Y N	Y N
Blindness	Y N	Y N
Retinal detachment	Y N	Y N
Macular Degeneration	Y N	Y N
Other:		

Please list any medications you are currently taking: _____ ☐ None

Do you have any allergies? ☐ hayfever/seasonal ☐ asthma ☐ to medications (please list: _____) ☐ None

Do you currently use: (**CIRCLE** Yes or No) a) alcohol Y N b) tobacco products Y N c) controlled substances Y N

LIFESTYLE HISTORY: (circle all choices that apply to you) Do you regularly participate in any of the following:

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Baseball , Basketball | <input type="checkbox"/> Golf | <input type="checkbox"/> Needlework/coin collecting | <input type="checkbox"/> Home workshop/auto repair |
| <input type="checkbox"/> Football | <input type="checkbox"/> Snow skiing | <input type="checkbox"/> Musical instrument | <input type="checkbox"/> Computer use |
| <input type="checkbox"/> Bicycle/Motorcycle riding | <input type="checkbox"/> Fishing/Boating | <input type="checkbox"/> Welding/grinding | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Diving/swimming | <input type="checkbox"/> Shooting/hunting | <input type="checkbox"/> Playing cards | |

Are you interested in any of the following:

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Thinner, lighter lenses | <input type="checkbox"/> Reducing glare/reflections | <input type="checkbox"/> "Test Driving" latest contact lenses | <input type="checkbox"/> Lasik surgery |
|--|---|---|--|

CURRENT EMERGENCY CONTACT INFORMATION: Name _____ Phone Home () _____
Relationship _____ Cell () _____

P L E A S E T U R N O V E R !

DIGITAL RETINAL PHOTOGRAPHY

To Our Patients:

Our office continues to offer the latest in technology in order to provide the best service to our patients! Recently, we have introduced two additional technological advances to our office to benefit our patients!

Optomap Scanning Laser Retinal Imaging System. This allows us to see a broad, detailed view of the retinal similar to that seen with a dilated examination. We can document and record many retinal problems such as optic nerve disease, macular degeneration, diabetic eye disease, glaucoma, and so on. The scan becomes a permanent part of your medical file, enabling us to make important comparisons should potential vision or life-threatening conditions show themselves at a future examination. Although it is similar to the digital retinal photography system we have had, it offers a much wider field of view that can, in qualified patients, be an alternative to a dilated examination for that year. Our doctors recommend this for all of our patients on an annual basis. We offer our basic Wellness scan for \$39 for adults & \$24 for ages 21 yrs and under.

Please indicate below if whether or not you would like to have this procedure provided for you.

YES I do want to have the Optomap Scanning performed.

NO I do NOT want to have this procedure performed at this time.

Signed: _____ Date: _____

Optovue SD-OCT (Spectral Domain Optical Coherence Tomographer). This has been the most significant advance in ocular disease detection in many years! Similar to a CT or MRI scan but using visible light, this amazing technology allows us to see beneath the surface of the retina and detect changes invisible to standard examination. We have been able to not only diagnose suspected eye conditions; it has uncovered conditions that we did not even suspect were present! Very few optometric offices have this technology in their offices at this time. We offer an advanced medical scan for \$90 and a basic Wellness scan for \$39.

Many medical insurance plans will cover the advanced Optomap or OCT scans if there is a qualifying medical condition present.

Please indicate below if whether or not you would like to have this procedure provided for you.

YES I do want to have the OCT Scanning performed.

NO I do NOT want to have this procedure performed at this time.

Signed: _____ Date: _____

CONTACT LENS HISTORY:

If you are wearing contact lenses, how many hours have you had them on today? _____ Are the lenses: hard soft

How many hours do you usually wear them each day? _____

Number of days per week? _____

If using soft lenses, how frequently do you replace them:(fill in number) _____yr. _____mos. _____weeks _____day

How old are the lenses you have on today? _____

What brand of contact lenses are you using? _____

What brand of CL solutions are you currently using? _____

Have you recently experienced any of the following with your lenses?

(**CIRCLE** "Y" for Yes or "N" for No for each item)

Y N Irritation Y N Reduced wearing time

Y N Edge reflections Y N Itchiness

Y N Flare around lights Y N Discharge/watering

Y N Cloudy vision Y N Discomfort or dryness

Y N Fluctuating vision at the end of the day

FREQUENT HEADACHE HISTORY:

When did the headaches first start occurring? _____

How long do they last? _____

How frequently do you have headaches? _____

When does the pain occur? on awaking mornings after lunch
after work bedtime

Where on your head is the pain located?

back forehead top temples brows

side(s) (left right both)

Is the pain: (sharp dull pressure-like)

(steady throbbing (as with heartbeat))

(mild moderate severe)

What relieves the pain? _____

Is the severity of the pain (more less same) than when they first started?

Do the headaches affect your vision? yes no Describe: _____

Do you also experience any of the following around the time you headaches occur? Nausea Flashing lights Partial loss of vision

I testify that the above information is accurate and true.

Signed: _____ Date: _____

Print Name: _____

Would you like to receive a copy of your glasses and/or contact lens prescription for your records at the end of the examination or would you prefer to keep them in your file? (Please circle)

Glasses: Copy Keep in file

Contact lenses: Copy Keep in file